



***Celebration of 7th International Day of Yoga (IDY) at Sanayeh Park in Beirut. A second celebration took place at Malek Fahed Garden in Tripoli . This year's theme is "Yoga for Wellness" in light of COVID 19 pandemic. Yoga helps in improving overall health and well being.***

# Embassy News

## Celebration of 7<sup>th</sup> International Day of Yoga at Sanayeh Park



The Embassy of India, Beirut organized International Day of Yoga (IDY) 2021 main event at prominent Sanayeh Park in Beirut on June 20. Yoga as per Common Yoga Protocol was conducted by the instructors from Art of Living and Isha Foundation. Also, other yoga schools in Lebanon participated in the event. In light of Covid-19, the participation was restricted to invitees only. Chief of Protocol of Ministry of Foreign Affairs and Emigrants, Dr. Abeer Ali representing Her Excellency Ms. Zeina Akar, Vice President of Council of Ministers, Minister of Defense and Minister of Foreign Affairs and Emigrants and Mr. Mohamad Itani, representing HE Mr. Hani Chemaitelly, Secretary General of Ministry of Foreign Affairs and Emigrants and Mr. Haytham Sayad, Adviser, representing HE Judge Marwan Aboud, Governor of Beirut attended the event. The event was attended by approximately 100 persons. Yoga is very popular in Lebanon. For past 6 years ever since International Day of Yoga was declared by UN in 2014, the Embassy has been organising Yoga events to mark this Day. There has been always very enthusiastic participation. This year's theme is "Yoga for Wellness" in light of COVID 19 pandemic. Yoga helps in improving overall health and well being.

## Embassy News

# Celebration of 7<sup>th</sup> International Day of Yoga in Tripoli



Embassy of India, Beirut joined hands with the Elite Centre Tripoli to celebrate IDY 2021 for the first time in Tripoli, the 2nd most populous city in Lebanon.

The event which took place on Sunday 27 June, was supported by Tripoli Municipality, Tripoli Tourist Association, Art of Living & Isha Foundation.

The event was inaugurated by Ambassador of India Dr. Suhel Ajaz Khan, Head of Tripoli Municipality Dr. Riad Yamak and President Elite Centre Dr. Imane Kamali. Head of Tripoli Touristic Association Dr Mounzer Kabbara also graced the event which was attended by a large number of Lebanese yoga lovers.

# Embassy News

## Signing of MOU between FIEO & ASI



FIEO signed an MOU with the Association of Shouf Industrialists (ASI), Lebanon on June 24 to further enhance bilateral trade, economic ties and cooperation in diverse sectors between India & Lebanon. The signing ceremony took place in presence of Dr Ajay Sahai, DG & CEO FIEO, Mr Nabil Ghossaini, President ASI & Ambassdor of India Dr Suhel Ajaz Khan. They also exchanged views for expanding/diversifying bilateral trade.

## Meeting with Minister of Economy

Ambassador of India Dr. Suhel Ajaz Khan, along with Embassy Commercial team met with Minister of Economy & Trade of Lebanon H.E. Raoul Nehme on 24 June 2021 & discussed ways to enhance India-Lebanon trade and other issues of mutual interests.



## Embassy News



### Meeting with Chairman of Association of Banks in Lebanon

Ambassador of India Dr Suhel Ajaz Khan met with Mr. Salim Sfeir, Chairman of Association of Banks in Lebanon on Monday 28 June and discussed various issues of mutual interests.

### Meeting with Minister of Information

Ambassador Dr Suhel Ajaz Khan met with caretaker Minister of Information, H.E. Dr. Manal Abdel Samad Najd in her office on July 6, 2021 and discussed various issues of



mutual interest. Their discussion took place on general situation in the country as also media's role in particular.

Dr. Abdel Samad pointed the importance of media cooperation and positive reporting of events in order to maintain credibility. She welcomed any joint media project between the two countries. Ambassador Khan also agreed to the Minister that accurate and transparent reporting of news is important.

They also discussed lifting of ban on passengers from India due to low number of Delta cases. He highlighted that many European countries have already lifted the ban on India recently. He wished Lebanon would also reconsider its decision to lift travel ban on India.

## Embassy News



### **Cordial meeting with Saudi Arabia Ambassador**

Ambassador of India Dr. Suhel Ajaz Khan had a cordial meeting with Saudi Ambassador H.E. Walid Bukhari at Bkirki on 8 July, during the celebration of the centenary of the relations between the Maronite Patriarchate & the Kingdom of Saudi Arabia.

### **Meeting with Secretary General of Higher Defense Council**

Mr. P. Pattabhi, Second Secretary in the Embassy today met with Secretary General of Higher Defense Council / Covid 19 Committee Maj. Gen. Mahmoud al-Asmar on 8 July. They discussed issues of mutual interests including travel of Indians to Lebanon.



## News of The Month

### Prime Minister's address at CoWIN Global Conclave 2021

Distinguished Ministers, Senior officers, Health professionals, And friends from all over the world,

Namaskar!

I am delighted that such a large number of experts from various countries have joined us for the CoWIN Global Conclave. At the outset, I convey my sincere condolences for all the lives lost to the pandemic, in all the countries. There is no parallel to such a pandemic in hundred years. Experience shows that no nation, however powerful that nation is, can solve a challenge like this in isolation. The biggest lesson from the COVID-19 pandemic is that for humanity and the human cause, we have to work together and move ahead together. We have to learn from each other and guide each other about our best practices. Right from the beginning of the pandemic, India has been committed to sharing all our experiences, expertise and resources with the global community in this battle. Despite all our constraints, we have tried to share as much as possible with the world. And, we remain eager to learn from global practices.

Friends,

Technology is integral to our fight against COVID-19. Luckily, software is one area in which there are no resource constraints. That's why we made our Covid tracking and tracing App open source as soon as it was technically feasible. With nearly 200 million users, this 'Aarogya Setu' app is a readily available package for developers. Having been used in India, you can be sure that it has been tested in the real world for speed and scale.

Friends.

Contd...

## News of The Month

Friends,

Vaccination is the best hope for humanity to emerge successfully from the pandemic. And right from the beginning, we in India decided to adopt a completely digital approach while planning our vaccination strategy. In today's globalized world, if the post-pandemic world has to return to normalcy, such a digital approach is essential. After all, people must be able to prove that they have been vaccinated. Such proof must be safe, secure and trustworthy. People also must have a record of when and where and by whom they have been vaccinated. Given how precious each dose of the vaccines is, Governments are also concerned about making sure that each dose is tracked and wastage is minimized. All of this is not possible without an end-to-end digital approach.

Friends,

Indian civilization considers the whole world as one family. This pandemic has made many people realize the fundamental truth of this philosophy. That's why, our technology platform for Covid vaccination - the platform we call CoWin - is being prepared to be made open source. Soon, it will be available to any and all countries. Today's Conclave is the first step to introduce this platform to all of you. This is the platform through which India has administered 350 million doses of Covid vaccines. A few days ago, we vaccinated about 9 million people in one day. They do not need to carry around fragile pieces of paper to prove anything. It is all available in digital format. But best of all, the software can be customised to any country as per their local requirements. You will find out a lot more about the technical details in the Conclave today. I am sure you are keen to start. And, I do not want to keep you waiting. So, let me conclude by extending my best wishes to all of you for a very productive discussion today. Guided by the approach of 'One Earth, One Health', humanity will certainly overcome this pandemic.

Thank you.

Thank you very much.

## News of The Month

### PM addresses on the occasion of seventh International Yoga Day

The Prime Minister, Shri Narendra Modi has said the despite the pandemic, this year's theme for International Yoga Day –“Yoga for wellness" has raised the morale of people and he wished for health of every country, society and individual and hoped that we will be united and will strengthen each other. He was speaking on the occasion of seventh International Yoga Day, today.

The Prime Minister talked of Yoga's role during the pandemic. He said Yoga has proved a source strength and poise for people during this difficult time. He pointed out that it was easy for countries to forget Yoga Day during the pandemic as it is not intrinsic to their culture but, instead, enthusiasm for Yoga has increased globally. Yoga helped people to muster confidence and strength to fight with the pandemic world over.

The Prime Minister recalled how frontline Corona warriors made Yoga their shield and made themselves strong through yoga and how people, doctors nurses took to Yoga to deal with the effects of the virus. He said experts are stressing the importance of breathing exercises like pranayama and anulom-vilom for strengthening our respiratory system.

Quoting great Tamil saint Thiruvalluvar, the Prime Minister said yoga goes to the root cause of disease and is instrumental in healing. He expressed satisfaction that globally, research is being conducted in the healing properties of Yoga. He noted studies on immunity through yoga and children doing yoga during their online classes. He said this is preparing children to fight Corona.

Contd...

## News of The Month

The Prime Minister emphasized the holistic nature of yoga and said that it takes care of physical health as well as mental health. Yoga brings us in touch with our inner strength and protects us from all sorts of negativities. Stressing on positivity of yoga, the Prime Minister said "The shift from silos to union is Yoga. A proven way to experience, a realisation of oneness is Yoga." In this regard he quoted Gurudev Rabindranath Tagore "the meaning of our self is not to be found in its separateness from God and others, but in the ceaseless realization of yoga, of union."

Prime Minister said that the mantra of 'VasudhaivKutumbakam' which India has followed since ages, is now finding global acceptance. We all are praying for each other's wellbeing, If there are threats to humanity, Yoga often gives us a way of holistic health. "Yoga also gives us a happier way of life. I am sure, Yoga will continue playing its preventive, as well as positive role in healthcare of masses" said Prime Minister Modi.

The Prime Minister announced that India and WHO took an important step today. World is getting M-Yoga app which will provide many videos of yoga training based on common yoga protocol in many languages. Terming this as a great example of fusion of modern technology and ancient science, the Prime Minister expressed the hope that m-yoga app will help in spreading yoga world over and will contribute to the efforts of 'One World One Health'.

Quoting from Gita, The Prime Minister said we need to continue moving on the collective journey of yoga as yoga has solution for everyone. It is important that yoga reaches to every person while keeping intact its foundation and core. Yoga acharyas and all of us should contribute in this task of taking yoga to everyone, said the Prime Minister.

## News of The Month



### رئيس الوزراء يلقي كلمة بمناسبة اليوم العالمي السابع لليوغا

قال رئيس الوزراء ، شري ناريندرا مودي ، إنه على الرغم من الجائحة ، فإن موضوع اليوم العالمي لليوغا لهذا العام - "اليوغا من أجل العافية" قد رفع معنويات الناس وتمنى الصحة لكل بلد ومجتمع وفرد وتمنى أن نتحد ونقوي بعضنا البعض. كان يتحدث بمناسبة اليوم العالمي السابع لليوغا ، اليوم.

تحدث رئيس الوزراء عن دور اليوغا خلال الجائحة. وقال إن اليوجا أثبتت أنها مصدر قوة واطزان للناس خلال هذا الوقت الصعب. وأشار إلى أنه كان من السهل على البلدان أن تنسى يوم اليوغا أثناء الوباء لأنه ليس متأصلاً في ثقافتها ، ولكن بدلاً من ذلك ، زاد الحماس لليوغا على مستوى العالم. ساعدت اليوغا الناس على حشد الثقة والقوة لمحااربة الجائحة في جميع أنحاء العالم.

استذكر رئيس الوزراء كيف جعل محاربو كورونا في الخطوط الأمامية من اليوغا درعهم وجعلوا أنفسهم أقوياء من خلال اليوجا وكيف لجأ الناس والأطباء والممرضات إلى اليوغا للتعامل مع آثار الفيروس. وقال إن الخبراء يؤكدون على أهمية تمارين التنفس مثل البراناياما والأنولوم-فيلوم لتقوية جهازنا التنفسي.

نقلًا عن القديس التاميل العظيم ثيروفالوفار ، قال رئيس الوزراء إن اليوغا تذهب إلى السبب الجذري للمرض وهي مفيدة في الشفاء. وأعرب عن رضاه عن إجراء أبحاث على مستوى العالم في الخصائص العلاجية لليوغا. وأشار إلى الدراسات حول المناعة من خلال اليوغا والأطفال الذين يمارسون اليوغا خلال فصولهم على الإنترنت. وقال إن هذا يعد الأطفال لمواجهة كورونا.

## News of The Month

أكد رئيس الوزراء على الطبيعة الشمولية لليوغا ، وقال إنها تهتم بالصحة البدنية وكذلك الصحة العقلية. تصلنا اليوغا بقوتنا الداخلية وتحميننا من كل أنواع السلبيات. وشدد رئيس الوزراء على ايجابية اليوغا ، وقال "إن التحول من العزلة إلى الاتحاد هو اليوغا. اليوغا هي طريقة مثبتة للتجربة ، وإدراك الوحدة ". وفي هذا الصدد ، اقتبس من غوروديف رايندرا ناث طاغور "معنى أنفسنا لا يمكن العثور عليه في انفصالها عن الله والآخريين ، ولكن في الإدراك المتواصل لليوغا والاتحاد".

قال رئيس الوزراء إن شعار "VasudhaivKutumbakam" الذي اتبعته الهند منذ العصور ، يجد الآن قبولاً عالمياً. وأضاف رئيس الوزراء مود: "نحن جميعاً نصلي من أجل رفاهية بعضنا البعض ، إذا كانت هناك تهديدات للبشرية ، فغالباً ما تعطينا اليوغا طريقة للصحة الشاملة. "اليوغا تمنحنا أيضاً أسلوب حياة أكثر سعادة. أنا متأكد من أن اليوغا ستستمر في لعب دورها الوقائي والإيجابي في الرعاية الصحية للجماهير " .

أعلن رئيس الوزراء أن الهند ومنظمة الصحة العالمية اتخذتا خطوة مهمة اليوم. يحصل العالم على تطبيق M-Yoga الذي سيوفر العديد من مقاطع الفيديو لتدريب اليوغا على أساس بروتوكول اليوغا المشترك في العديد من اللغات. وصفاً هذا بأنه مثال رائع على اندماج التكنولوجيا الحديثة والعلوم القديمة ، أعرب رئيس الوزراء عن أمله في أن يساعد تطبيق m-yoga في نشر اليوغا في جميع أنحاء العالم وسيساهم في جهود "One World One Health".

نقلًا عن جيتا ، قال رئيس الوزراء إننا بحاجة إلى مواصلة التحرك في رحلة اليوغا الجماعية لأن اليوغا لديها حل للجميع. من المهم أن تصل اليوغا إلى كل شخص مع الحفاظ على أساسها وجوهرها. قال رئيس الوزراء إن يوجا أكاريا وكلنا يجب أن نساهم في هذه المهمة المتمثلة في أخذ اليوغا للجميع.

# Featured Article

विदेश मंत्री  
भारत

Minister of External Affairs

India



## MESSAGE

It gives me great pleasure to felicitate all our Passport Issuing Authorities in India and abroad on the occasion of the Passport Seva Divas. The Ministry of External Affairs, along with the Central Passport Organization, is marking this occasion and renewing our commitment to provide passport and passport-related services to the citizens of India in a timely, reliable, accessible, transparent and efficient manner. I congratulate the Passport Offices, who have continued to deliver passport services at a high standard, even during the pandemic.

The Ministry of External Affairs has leveraged greater use of IT and digital systems into its functioning, including delivering public services. The Passport Seva Programme (PSP) currently encompasses 555 Passport Kendra across the length and breadth of our country, including 36 Passport Offices, 93 Passport Seva Kendras (PSK) and 426 Post Office Passport Seva Kendras (POPSK). We are working closely with the Department of Posts for setting up new POPSK to extend outreach of our passport services to the citizens. The Ministry has successfully integrated the passport issuance systems in 174 of our Missions/Posts abroad into the PSP, enabling us to deliver passport and passport-related services to our Diaspora abroad efficiently.

Digital platform such as the *mPassport Seva* Mobile App for submission of passport applications and the citizen-friendly 'Apply from Anywhere' Scheme have eased the process for submission of passport applications by the citizens. The *mPassport Police* App has led to expediting police verification. In a major digital transformation, Ministry has integrated the Passport Seva Programme with DigiLocker, enabling citizens to submit various documents for obtaining passport services through DigiLocker in a paperless mode. We need to continue further simplifying the passport rules and increasing our efforts to provide passport services in a comfortable environment with wider accessibility and reliability and minimizing the compliance burden on citizens.

I call upon all Passport Issuing Authorities in India and abroad to make conscious efforts to further improve the delivery of passport and passport related services, particularly utilising the new opportunities offered by increased use of technology that enable closer engagement with citizens.

  
(Dr. S. Jaishankar)

## News of The Month

### Launch of mYoga App



On the occasion of the 7<sup>th</sup> International Day of Yoga 2021, Prime Minister of India, Narendra Modi inaugurated mYoga App which is jointly developed by World Health Organization (WHO) in collaboration with the Ministry of Health AYUSH. The mYoga app intends to provide yoga training and practice sessions of varying durations to laypersons and enthusiasts alike in multiple languages. The mYoga app will provide users with a collection of videos and audio practice sessions that they can do “in the comfort of their own homes, as and when they wish.” It can be used as a daily yoga companion for persons aged 12-65 years.

“In collaboration with WHO, India has taken another important step. We will be launching the mYoga app which will have yoga training videos in different languages for people across the world. This will help us achieve our ‘One World, One Health’ motto,” said PM Modi in a televised address to the nation.

“The mYoga app will be a great example of the fusion of modern technology and ancient science. I believe that the application will play a great role in Last year and this year, however, the lead event has been presented in a televised programme due to the COVID-19 pandemic,” he added.

Links:

Playstore:

<https://play.google.com/store/apps/details?id=org.who.APPMYOGA>

IOS:

<https://apps.apple.com/app/id1549821346>

## Featured Stories



### Tanjore Art

Folk art is linked with the forgotten art of story telling. Paintings are used to depict the visual counterpoint in narration in every region of India. Art forms of Rajasthan, Gujarat and Bengal narrate the myths and legends of local heroes and deities and construct a kaleidoscopic image of our glorious past and rich cultural heritage. Each work is a complete narration in itself, giving us a glimpse of the past, which has been kept alive by talent and devotion of our artists.

'Religious paintings with a royal heritage' is the best definition for Thanjavur paintings, now better known as Tanjore paintings. Tanjore painting ranks among the greatest traditional art forms for which India is noted worldwide. Their themes are fundamentally mythological. These religious paintings demonstrate that spirituality is the essence of creative work.

Originating in Thanjavur about 300 kms from Chennai, this form of art developed at the height of cultural evolution achieved during the rule of mighty Chola empire. The art form evolved and flourished under the patronage of successive rulers. These magnificent paintings adorned the royal dwellings and later found their way into every household. Tanjore paintings mainly consist of themes on Hindu gods and goddesses, with figures of Lord Krishna in various poses and depicting various stages of his life being the favourite. The characteristics of the Tanjore paintings are their brilliant colour schemes, decorative jewellery with stones and cut glasses and remarkable gold leaf work. The liberal use of gold leaf and precious and semi-precious stones presents a splendid visual treat. These give life to the pictures such that the pictures come alive in a unique way. Adorned with rubies, diamonds and other precious gemstones, and trimmed with gold foil, Tanjore paintings were true treasures. Nowadays, however, semi-precious stones are used in place of real ones, but the use of gold foil has not altered. The shine and gleam on the gold leaves used by the Tanjore style paintings, lasts forever.

# India Tourism

## Odisha

The State of Odisha is situated in the eastern seaboard of Indian subcontinent. Traditionally, famous as a hub of cultural destination, but of late has emerged as one of the beautiful state in the country with rapid progress in travel & tourism sector. Odisha has a chequered history of temple constructions with stunning temples and monuments, long coastlines of 480 kms, 35% of thick & dense forest cover, Buddhist heritage, 62 ethnic tribes, scintillating classical dance of Odissi, largest brackish water lake of Asia-Chilika, the criss-crossed mangroves forest of Bhitarkanika, so many and so forth. The Department of Tourism is the apex body for formulation of plans, programmes, and policies. Its main objective is to increase the tourist traffic to the state, extend their duration of stay, promote & position Odisha as one of the preferred tourist destinations both in domestic and international markets.

### MAJOR ATTRACTIONS



Koraput District located in the backdrop of green valleys contemplating immaculate freshness, was established on 1st April, 1936. Decorated by forests, waterfalls, terraced valleys and darting springs, the District draws the nature loving people.



Bhubaneswar, the capital of Odisha, is one of the most ancient cities in India. With several popular temples dominating its skyline, Bhubaneswar is widely considered to be the seat of Tribhubaneswar or Lord Lingaraj, an incarnation of Lord Shiva, and is an important Hindu pilgrimage centre.



Spirituality and divinity echo through every by-lane of the temple city of Puri. A very popular destination of pilgrimage for Hindus, the city is sprawled along the long and pristine coastline of the Bay of Bengal, in the state of Odisha. Buzzing with devotees come here to pay obeisance at the Lord Jagannath Temple.

For more information, please visit

<https://www.incredibleindia.org/content/incredible-india-v2/en/destinations/states/odisha.html>

# Upcoming Events

## **14th Edition Of International Railway Equipment Exhibition (Physical)**

14th edition of IREE is scheduled from 21-23 October 2021 at New Delhi organised by Confederation of Indian Industry in association with the Ministry of Railways, Government of India. IREE serves as a Global Platform for Railway Technology & Services. This is the largest event for the Rail Transportation Sector in this part of the world.

More details: [www.ireeindia.com](http://www.ireeindia.com)

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## **Self-financing Scheme For Studying In India, 2021-22**

Applications are invited from Lebanese students for nominations to undergraduate courses in Bachelor of Engineering (B.E.), Bachelor of Pharmacy, MBBS & BDS under Self-Financing Scheme for the academic year 2021-22.

More details:

<https://www.indianembassybeirut.gov.in/notice/display/1211/14>

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## **Admissions are open for #NalandaUniversity**

An avant-garde, postgraduate, research-intensive Intl. institution of academic excellence with the Ministry of External Affairs (@MEAIndia) & supported by the 17 Member countries of the East Asia Summit.

More details:

<https://nalandauniv.edu.in/admissions/admission-process/>

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**For other forthcoming events organised by Federation of Indian Chamber of Commerce & Industry, please visit:**

<http://www.ficci.in/forthcoming-events-more.asp>

## Useful Links



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